

No Limits Eastern Shore  
PO Box 259, 24546 Coastal Boulevard  
Tasley, VA 23441  
Ph (757) 789-3990  
Fax (855) 978-1967  
[www.nolimitseasternshore.com](http://www.nolimitseasternshore.com)

## **The 2022 Kathleen Walsh Richardson Citizenship Award**

The Kate Award is open to any student residing on the Eastern Shore who is attending/enrolled in high school (grades 9 – 12). First Place will be a cash prize of \$350, with Honorable Mention Awards of \$100 also possible at the discretion of the judges.

Kathleen “Kate” W. Richardson was an Onancock resident and a founding member of No Limits, a day program for survivors of brain injury on the Eastern Shore of Virginia. Kate was a smart and funny lady, a survivor of brain injury, and a dedicated community volunteer. She died far too soon in July of 2012.

Kate volunteered over the years in many places, including the Eastern Shore Public Library, the FoodBank of the Eastern Shore, Shore Memorial Hospital, and the Salvation Army, among others. To honor her memory and her spirit of service, No Limits Eastern Shore has established the Kathleen Walsh Richardson Citizenship Award, known informally as the “Kate”.

This award is open to Accomack and Northampton County residents enrolled in high school (grades 9 – 12, including home-schooled students). Applicants will submit at least 4 photos and three (3) references from community members. Applications will be accepted between 01/17/22 – 2/28/22 and are available at No Limits and on our website.

Photos will demonstrate the applicant’s volunteer work and/or involvement in the community, such as pictures of the applicant participating in school, religious or community activities or pictures of completed service projects. If no pictures of a service activity are available, photos of related content are permissible. Photos must include a brief caption explaining what is being shown (date, location and type of service/civic activity).

Winners will be chosen by members of No Limits Eastern Shore and announced in March 2022. A cash prize of \$350 will be awarded as First Place, with Honorable Mention Awards of \$100 possible at the discretion of the judges. Winners will be chosen based on the strength of their photo essay as determined by the judges.

Awards will be distributed to winners by scheduling an appointment to be picked up in person at the No Limits’ office in Tasley, or by mail if needed. A ceremony to acknowledge and celebrate winners of the 2022 Kate Award will be held in a virtual manner due to the COVID-19 Pandemic.

Applicants retain the rights to their photos but grant No Limits Eastern Shore the right to post their submissions on our website and use them in our promotional materials. All references must be submitted on the form provided. A minimum of 4 photos is required.

Contest entrants must be legal residents of the United States of America. Immediate relatives (children, grandchildren, step-children, step-grandchildren) of No Limits employees, participants, and Board members are not eligible to participate.

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### The 2022 Kathleen Walsh Richardson Citizenship Award Application Form

Provide 3 character references below. References must include a name and telephone number and the person should be willing to speak to us briefly about you. You should also explain how you know this person (pastor, teacher, neighbor, et cetera). This form must be submitted **along with at least 4 photos with captions** demonstrating the applicant's community service. Applications may be mailed, delivered in person, or emailed to [nolimitseasternshore@gmail.com](mailto:nolimitseasternshore@gmail.com) and must be received at No Limits by 2/28/22.

Applicant: \_\_\_\_\_

Physical Address: \_\_\_\_\_

\_\_\_\_\_

Mailing Address (if different): \_\_\_\_\_

\_\_\_\_\_

School Attending: \_\_\_\_\_ Grade Level: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Reference #1:
Reference #2:
Reference #3: