

August 2013

No Limits Eastern Shore

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 United Way Exercise Group—CSB Invited, 10:30am	2 Dollar Store Trip	3
4	5	6 Planning Meeting Making Dog Biscuits for SPCA	7	8 United Way Exercise Group, 10:30am	9	10
11 Sherry's Birthday	12	13 Safety Meeting	14	15 United Way Exercise Group, 10:30am Board Meeting, 3:30pm	16 Wal-Mart trip	17
18	19	20 Cleaning Day	21	22 United Way Exercise Group, 10:30am Lunch Making Day—lunch provided Ramona's Birthday	23	24 Lewis' Birthday
25 Parks' Birthday	26	27 No Limits Film Series: "Head Games", 10:30am	28	29 United Way Exercise @ GF Horne, 10:30am	30 **Happy Buffet Trip, IF VAN FIXED, must bring \$10**	31